

In addition to the Conditions of Entry, specific rules that apply to aquatic facilities is set out below:

1. GENERAL

- 1.1. Children under 5 years of age must be actively supervised by a responsible adult or guardian in the water at all times, including staying within arm's reach of a parent or guardian.
- 1.2. Children under 10 years of age must be actively supervised by a responsible adult or guardian over the age of 16.
- 1.3. At all times follow all signs and instructions from staff
- 1.4. Patrons must not be under the influence of drugs or alcohol.
- 1.5. Patrons must wear appropriate swimwear at all times, no underwear or see through garments, including boxer shorts or trunks are permitted.
- 1.6. Be aware of changing water depths and conditions.
- 1.7. Always walk, do not run.
- 1.8. No diving allowed, unless under instructor supervision.
- 1.9. Do not climb or hang on lane ropes or water play equipment, including inflatables
- 1.10. Rough play, including flips, bombs, pushing is not permitted.
- 1.11. Patrons must not use any aquatic area if they have suffered gastro like symptoms within the past 2 weeks.
- 1.12. Infants and young children must wear appropriate swimwear/aqua nappy suitable for an aquatic environment.
- 1.13. Please shower before entering any pool.
- 1.14. As determined by staff, Patrons are not permitted to engage in breath holding activities at any time.

2. WAVE POOL

- 2.1. No diving into waves is permitted.
- 2.2. The Wave pool is not recommended for people that are pregnant, suffer chronic health conditions or have recently undergone surgery.
- 2.3. Keep clear of the walls when the waves are in operation.
- 2.4. Whilst the waves are in operation, children under 10 years of age must be within arm's reach of a parent or guardian over the age of 16 years.

3. LAP POOL

- 3.1. Lap lanes and swim lessons are not to be used for recreational swimming.
- 3.2. Please ensure you swim within the lap lanes that best aligns with your swimming speed.
- 3.3. In the interest of safety, please keep left at all times and pause at the end of the lap lanes to allow quicker swimmers to pass.
- 3.4. No patron is permitted to swim under the 50m boom.

4. LEISURE POOL AND SPLASH ZONE

- 4.1. Do not aim water at people's faces.
- 4.2. Do not climb or hang on the water slide or water features.
- 4.3. Please wait your turn, only one person at a time on the slide. Patrons must use the slide – feet first.

5. INFLATABLES

- 5.1. Outside of a Wave's program, the minimum age is 6 and maximum age is 15.
- 5.2. One participant at a time.
- 5.3. Users must be competent swimmers
- 5.4. Do not swim under or next to the inflatable. Always keep clear and swim straight to the pool edge after entering the water.

6. SPA, SAUNA AND STEAM ROOM

- 6.1. A wristband or membership identification band must be displayed at all times.
- 6.2. Plastic drink bottles are to be used. No glass is permitted at Waves.
- 6.3. Essential oils or similar are not permitted. Eucalyptus spray is available on request, as approved by staff.
- 6.4. Due to the risk of fire no items should be placed on or near the heating elements
- 6.5. Patrons must not tamper with the heater or sensors.
- 6.6. No exercising in the sauna or steam rooms.
- 6.7. Please report to a staff member immediately should you being to feel unwell.
- 6.8. Patrons are requested to shower before entering.
- 6.9. No reading materials are allowed.
- 6.10. You must not use the sauna or steam rooms if you have a medical condition (including pregnant women) without consulting a medical professional and advising staff prior to use.
- 6.11. Patrons must refrain from lying down in the sauna.
- 6.12. Street shoes are not to be worn, and shoes must not be placed on the seats.
- 6.13. No personal grooming is permitted, including shaving, cutting nails, exfoliating, spitting and hair treatments.
- 6.14. No glass or ceramic items are permitted.
- 6.15. Electronic items, including phones, tablets and cameras are not to be used.
- 6.16. Children under the age of 16 are not permitted to use the spa, sauna or steam rooms.
- 6.17. Patrons supervising children under 10 are not permitted to use the spa, sauna or steam rooms.
- 6.18. Patrons must limit their use of these facilities to 15 minutes at a time and should drink plenty of water to avoid dehydration.
- 6.19. Do not submerge your head underwater.
- 6.20. Patrons must not be under the influence of drugs or alcohol.
- 6.21. Patrons must always follow the direction of staff.